

## Delamere Residential September 2022 – Further Information

The information below is not finalised and may change; but is based on how we have run this residential visit in the past. We will confirm final details when we are able to and will organise a parents meeting in September before the visit for further information sharing.

The members of staff attending are employees of the school and are therefore suitably qualified and experienced, know the children, are DBS checked, are first aid trained, and have prior experience of taking children on overnight visits.

The visit, and activities within the visit, are risk assessed by school and the Centre and this must be approved by the local authority. The school and residential centre have to prove that reasonable and appropriate measures to keep the children safe are taken, and also that the arrangements for the visit are in line with the government's guidance on COVID-19 that may be in place at the time. All staff working at the centre hold the relevant qualifications, insurance and are DBS checked.

The children sleep in single-sex dormitories in bunk beds off the main hall. Teachers have individual bedrooms also off the main hall so children can easily reach them if needed. An appropriate number of staff members will stay overnight. The centre is locked up overnight and an intruder alarm is set. A duty member of staff from the centre is also on call.

There are separate girls', boys', and staff toilets and bathrooms.

Parents will not be able to join the children when they are doing activities in Delamere Forest for safeguarding reasons.

Emergencies: you will be provided with the address and direct contact line of the centre as well as a school mobile number for emergency contact in the evenings.

You must notify us of allergies and specific dietary requirements. No children will be left to go hungry and the cooks at the centre can normally make something up for the children if they really don't like what is on offer. Please speak to us if you think this is something we need to be aware of.

Transport to and from the centre will be on the train via Greenbank station. Children will walk from school and to the centre at either end of the train journey. Children's larger overnight bags will be transported in staff cars.

Children wear their own clothes for the visit. All clothes must be labelled with their names.

No electronic devices are permitted to be brought along. Children do not need any money as everything they need is provided for them. No aerosols are permitted as the smoke sensors are sensitive to the sprays. Reading books, a teddy bear, magazines, card games etc. can be brought along.

\*The children need to bring a packed lunch and drink for the first day of the visit. This should be in a rucksack they can carry themselves.

Example itinerary (this may change)

	Morning	Afternoon	Evening
Day 1	Leave school at 9.15am Walk to Greebank train station and take the train to the Delamere station. Walk to the centre.	Packed lunch Forest Schools Activites in Delamere Forest Play outside Cooked Dinner	Orienteering Treasure Hunt Camp Fire

	Safety Talk and Tour of the Centre and Site		
Day 2	Breakfast Outside art and team building activities	Lunch at the Centre Return to School for collection at 3.15pm	

#### Example menu

	Breakfast	Lunch	Dinner (examples)
Day 1	At home.	Bring a packed lunch from home.	Chicken Curry Vegetable Pasta Pork Chops/Roast Chicken Beef bolognaise Fish fingers Chips, Rice, Bread, Potatoes Vegetables and Salad Various Puddings and fruit
Day 2	Cereals, fruit, toast, yoghurts, fruit juice, cooked breakfast	Sandwiches/rolls (cheese/ham/tuna) Sausage rolls, crisps, cakes, biscuits, fruit	At home

#### Example kit list

- Drinks bottle for use during the activities.
- Pyjamas
- Underwear
- Socks
- old t-shirts
- old sweat shirts or thin jumpers
- warm jumpers or fleeces
- 2 pairs old trainers or shoes
- old trousers
- shorts/skirt
- Fully waterproof and windproof coat
- Wash bag with personal wash kit
- Towel
- Slippers or pumps for indoor activities
- Sun hat (*dependent on weather forecast*)
- Woolly hat
- Gloves
- Sun cream (to be applied themselves)
- Torch with fresh batteries