



Thursday 1<sup>st</sup> May

Dear Parents and Carers,

We are running two workshops for parents this half term. Please return the reply slip to your child's class teacher to let us know you would like to attend. Refreshments will be available.

### Building Children's Emotional Resilience

Tuesday 13<sup>th</sup> May 1.00pm – 3.00pm

Mrs Nicholas (Family Support Worker) will lead an interactive workshop with the aim to provide parents and carers with:

- A realisation that resilience can be learnt, and nurtured in the small, everyday moments of family life.
- Knowledge, confidence and practical ideas on how to help children process setbacks and bounce forward in strength, character and development.
- Insight into children's brain development.
- An understanding that learning how to experience failure in a safe environment will improve their confidence and problem-solving skills.
- An appreciation of how vital your child's identity is, and strategies to help them become confident in it.

### Special Educational Needs & Disabilities (SEND) Information Workshop

Friday 16<sup>th</sup> May 9.00am -10.00am

Miss Hope (SEND Co) will cover the following topics in an information sharing session:

- How teaching is adapted for pupils with SEND
- Neurodivergence
- Processes in school and how school works with the GP, School Nurse and Community Paediatrics
- Signposting to organisations that support children and families with SEND

Your sincerely  
Mr Rob Cole  
(Headteacher)

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**Return to your child's class teacher – tick to indicate your attendance**

Child \_\_\_\_\_ Class \_\_\_\_\_

Name \_\_\_\_\_ relationship to child \_\_\_\_\_

**Building Children's Emotional Resilience** Tuesday 13<sup>th</sup> May 1.00pm – 3.00pm ☐

**SEND Information Workshop** Friday 16<sup>th</sup> May 9.00am -10.00am ☐

Winnington Park Primary School and Nursery, Firdale Road, Winnington, Northwich, Cheshire, CW8 4AZ  
Tel: 01606 74371 email: admin@winningtonpark.cheshire.sch.uk website: www.winningtonpark.cheshire.sch.uk  
Headteacher: Mr Rob Cole email: head@winningtonpark.cheshire.sch.uk

